

**CLAIMS**

What is claimed is:

1. A head rest assembly for a tub, spa, pool, bath, or shower, said head rest assembly comprising:  
a head rest adapted to support the head of a bather;  
at least one light-transferring insert positioned in the head rest; and  
means for illuminating the light-transferring insert.
2. The head rest assembly as recited in claim 1, wherein the means for illuminating comprises one of incandescent means, fluorescent means, fiber-optics means, and light-emitting-diode means.
3. The head rest assembly as recited in claim 1, wherein the at least one light-transferring insert comprises a plurality of light-transferring inserts.
4. The head rest assembly as recited in claim 1, wherein the light-transferring insert comprises one of a transparent and a translucent material.
5. The head rest assembly as recited in claim 1, wherein the light-transferring insert comprises a resilient material.
6. The head rest assembly as recited in claim 5, wherein the resilient material comprises one of a silicon-based material and a thermoplastic rubber material.
7. The head rest assembly as recited in claim 1, wherein the means for illuminating the light-transferring insert comprises at least one light-emitting-diode and means for varying the output of the at least one light-emitting diode.
8. The head rest assembly as recited in claim 7, wherein the means for varying the output of the light-emitting diode comprises software.

9. The head rest assembly as recited in claim 7, wherein the means for varying the output of the at least one light-emitting diode comprises means for varying the color of the at least one light-emitting diode.

10. The head rest assembly as recited in claim 1, wherein the head rest comprises a light-transferring material.

11. The head rest assembly as recited in claim 11, wherein the head rest assembly further comprises means for illuminating the head rest.

12. The head rest assembly as recited in claim 1, wherein the head rest further comprises at least one speaker for transferring sound to the ear of the bather.

13. The head rest assembly as recited in claim 12, wherein the at least one speaker comprises at least one of an electronic speaker and a speaker provided with sound via a sound wave guide.

14. The head rest assembly as recited in claim 1, wherein the head rest further comprises at least one fluid flow device.

15. The head rest assembly as recited in claim 14, wherein the fluid flow device comprises a device adapted to direct water to the bather.

16. The head rest assembly as recited in claim 14, wherein the means for illuminating the light-transferring insert is mounted in the at least one fluid flow device.

17. The head rest assembly as recited in claim 14, wherein the at least one fluid flow device comprises at least one part comprising a light-transferring material.

18. The head rest assembly as recited in claim 17, further comprising means for illuminating the at least one part comprising a light-transferring material.

19. The head rest as recited in claim 18, wherein the means for illuminating the at least one part comprising a light-transferring material further illuminates a fluid discharged from the fluid flow device.

20. The head rest as recited in claim 18, wherein the means for illuminating the at least one part comprising a light-transferring material comprises the means for illuminating the at least one light-transferring insert.